



## Spokane Chapter

# SPOKANE FLYER

## DECEMBER 2009

**NO DECEMBER MEETING**  
*MERRY CHRISTMAS*

### NEXT CHAPTER MEETING

WEDNESDAY  
January 20, 2009

6:00 P.M.

Marie Callender's Restaurant  
2111 N Argonne Rd.

Special Program:

The Recreational Aviation Foundation

Learn about the RAF. A group dedicated to the preservation, maintenance, and creation of recreational and backcountry airstrips across the nation.

### Chapter election results are in

The election for WPA/Spokane Chapter officers and board members was held at the November meeting, and the results are in.

Of course, Duane Lukan moves from President-Elect to President with Tom Morris sliding into the Past President slot.

President-Elect is John Townsley, Carolyn White retains her job as Secretary, the new Treasurer is Dave Lucke and Mark Ruggiero remains on the board.

New board members elected were Geoff Scott and Marian Heale. Marian moves into a regular board position after her temporary year with the group as Treasurer.

Leaving the board is Jerry Baur after 10 years of distinguished service to the chapter. Al Gilson's board term was also up but he will continue as the chapter newsletter editor and web site manager.

### Flight medical exam secrets revealed

by Geoff Scott

There was a record turnout for Dr. Chris Taylor's "Medical Gotchas" FAA Wings program at the November WPA/Spokane chapter meeting. Pilots from all over eastern Washington and north Idaho attended the two-hour seminar covering all facets of the FAA medical process, reviews, approvals, denials, and special issuances. Showing a picture of the staff at the Renton, WA offices, Dr. Taylor introduced us to the folks you'll be talking to should an issue need reviewed in the Northwest/Mountain region. Of course, your medical information is still warehoused in Oklahoma, but the regional office is where you want to start to speak with an actual person. They have all of your files just a few mouse clicks away.



Much of "the mystery behind the medical" was unveiled during this discussion. Things like: How pilot's are generally a 'healthier bunch,' how a denial may NOT necessarily be the "end" of your flying (Special Issuances, AASI's and six-year authorizations, for example), and some of the ways the Seattle Flight Surgeon's office can help you get your medical back, should you have a disqualifying condition.

The second part of Dr. Taylor's message addressed how to prolong our flying years with simple life-style changes shown statistically to improve your life, and help you pass your next flight-physical;

Rules to follow: Lose weight, Eat Right (smaller portions including veggies, fruits & whole-grains), get rest, manage stress, don't smoke, don't drink alcohol in excess, stay active (park far away from the mall entrance), and lastly-find your passion. Most pilots have already done just that with their love of flying.

Other practical tips for the day of your exam include: Don't smoke, chew tobacco, or drink coffee or caffeinated beverages before your exam (at least 1 hour). arrive early, and... just relax in the doctors waiting room for 15 minutes before they see you.

How many of us rush in to see the doctor, running late, and are thrown onto the table to have what? Your blood pressure checked! Maybe that's why the magazines are so boring in the waiting room.

Dr. Christopher S. Taylor can be reached at the Renton FAA offices by phone at:(425) 227-2300, or by email: [chrismd.taylor@faa.gov](mailto:chrismd.taylor@faa.gov)

### Mark your calendars for the 2010 banquet

The 2010 WPA/Spokane Chapter Annual Banquet and Benefit Auction is just around the corner. Mark your calendars for Saturday, February 27, 2010.

We'll be on the top floor of the Comfort Inn/University District for our annual extravaganza. With a breathtaking view of the Spokane skyline, this will be another great event with a sumptuous meal and informative program.

Our keynote speaker is Dave Voetmann, one of the visionaries behind Quest Aircraft and their remarkable Kodiak airplane. We'll get the inside story on the development and construction of this incredible airframe.

Tickets will be available in January. Stay tuned.



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**SPOKANE FLYER**

is published 12 times per year by the Washington Pilots Association, Spokane Chapter. We welcome articles and photo contributions that may be of interest to pilots in the Spokane area and the Inland Northwest.

**Editor**

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Chapter general meetings are held on the 3rd Wednesday of every month except August and December.  
Board meeting are held on the 1st Wednesday of every month.

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**President's Message: Tom Morris**

As the sun sets on my tenure and the yoke (side-stick in my case) is passed on, I look back and see another year of gratifying work that has been accomplished by our local WPA chapter. Thank you to all who made it happen!



It has been an honor to represent your chapter as the President for the past year. With the schedule that my work requires, I couldn't have kept up on all the duties without the help of those who jumped in during my absence and took care of what ever needed to be done.

The Board members and Officers were always there to make sure the task, whatever it was, got completed. Thank you for your help and patience.

Join me in welcoming Duane Lukan as your new President for the 2010 year. Duane has the working knowledge and tools in his box to make next years accomplishments even bigger. Support Duane as you did me, and it will be another terrific year.

We are working hard getting the Benefit Auction items in order. The tickets are being printed and should be available for sale by mid December. With the Great Aviation Leaders in our area, we were once again able to secure a local Aviation Business to share with us their Accomplishments and Goals. Mr. Dave Voetmann from Quest Aircraft Company in Sandpoint, Idaho will be our guest speaker. We will be among to first to learn more about the vision of the Quest Aircraft Company and the development of the Kodiak utility aircraft built here in our own backyard. The Benefit Dinner Auction will be February 27, 2010 at the Comfort Inn (formerly the Shilo Inn). Tickets for the meal are \$35 per person, and the auction items proceeds go to support our yearly Aviation Scholarship Fund. This year, five scholarships will be awarded to the 2009 winners at our Benefit Auction in February. Come and join in with us as the celebration comes full circle.

From the Benefit Auction last February, through the well attended general meetings, Lower Granite State Airport Cleanup, the summer WPA picnic, Hutton Settlement, and Fall Foliage Veteran Flights, and the newly formed Youth Aviation Adventure, we nearly had it all. It was a great year for our chapter and the local aviation community.

I am very proud to have been a part of this year's Spokane WPA chapters' accomplishments. Please continue to support the community in need, and help educate those with the desire to learn.

Happy Holidays! Tom

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BY MICHAEL AND STEFAN STRASSER



Through special arrangements with Michael and Stefan Strasser, we are pleased to have the Chicken Wings comic strip in *Spokane Flyer*. For more strips, products, and offers, check out their website at: [www.chickenwingscomics.com](http://www.chickenwingscomics.com)



## The Puzzle Page: Pilot Christmas Gift Ideas

With only a few more days until Christmas, there's still time to let Santa know what you need for your flying. Here's our shopping list — in word puzzle form, of course.

S N N E K F C K R B I W U N C  
 M E K E R N O H I I F X O M A  
 H K T A W O E N A G L C W O P  
 T C C A B A O E A R A N F I O  
 H S T G L C I B B E T L N D F  
 G D O A U P T R B O I S T A L  
 I L R L W H H R P G A C E R Y  
 L O A A G T O C H L A R S D I  
 H R E I C T S T A M A O D L N  
 S Y L D A T S I E O D N A E G  
 A F M C I I F R R G R W E H B  
 L U O U M V A I K W P P H D O  
 F L S E S S A L G N U S P N O  
 C A S E O F O I L S P O T A K  
 B O M B E R J A C K E T Z H S

- |                |               |
|----------------|---------------|
| APPROACHPLATES | GPS           |
| BINOCULARS     | HANDHELDRADIO |
| BOMBERJACKET   | HEADSET       |
| CAMERA         | KNEEBOARD     |
| CAP            | LOCATORBEACON |
| CASEOFOIL      | LOGBOOK       |
| CHARTS         | NEWAIRPLANE   |
| FLASHLIGHT     | SCARF         |
| FLIGHTBAG      | SPOT          |
| FLIGHTSIM      | SUNGLASSES    |
| FLYINGBOOKS    | VIDEO         |
| GIFTCARD       | WRISTWATCH    |

## A different kind of Biennial Flight Review

by Dave Lucke

In June I had scheduled a visit to Herndon, Virginia to visit my sister and family. The visit was planned for November 5th. Dennis Gibbs is my brother-in-law and he was working for the EDS division of HP at the time.



Aviation Adventures' two axis simulator complete with Garmin 1000 Glass Cockpit

One of his associates by the name of Mike Gilbert is an instrument and multi-engine flight instructor for Aviation Adventures in Leesburg, VA.

Aviation Adventures has fairly new equipment. The oldest airplane is a 2005 model. There are 172's, 182's, Columbia's, and a couple of Diamond Twin Stars just to mention a few of the aircraft based at Leesburg and Manasses, Virginia.

So I decided to schedule my BFR with Mike Gilbert in a Skyhawk SP with the Garmin 1000 glass cockpit. The Skylanes were already scheduled.

The review started with a familiarization of the IFR and VFR charts around Leesburg. It's overwhelming as there is a lot going on in this airspace. We then went over to the Garmin 1000 "big screen TV" where Mike showed me the most important features of the system. It is a very "feature rich" system but designed to be fairly intuitive. It's good to learn these things on the ground and not in the airplane with the instrument hood on.

Next, we went out to the airplane. It's pretty much like the 172 I flew years ago. During the preflight I noticed there are a total of 13 fuel sump drains. Mike mentioned that there were probably 13 defense lawyers in the most recent fuel contamination lawsuit.

We departed Leesburg to the west, cleared the veil of the Bravo airspace and flew to Winchester. I had my foggles on so missed out on the clear day with lots of fall colors. Dennis was in the back seat taking pictures. The 172 has a King two axis autopilot that couples to the GPS or ILS and is WAAS certified. We did a few approaches and a couple of touch and go's then returned to Leesburg. I hand flew the airplane most of the time but Mike wanted to show me how to use the autopilot which worked flawlessly.

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**Spokane Chapter**

P.O. Box 11911  
Spokane, WA 99211

**It's WPA membership renewal time!**

**Join or Renew On-line, Today!**

The 2010 membership drive is officially underway. You may have already seen an email or an invoice from the State WPA or from your Chapter. Regardless of how you hear about it please go to the website, [www.wpaflys.org](http://www.wpaflys.org) and join on-line or send your check to the WPA at 227 Bellevue Way NE – PMB 397, Bellevue, WA 98004. Now more than ever we need you to renew your membership.



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**A different kind of BFR**

from page 3

I flew the RNAV approach back into Leesburg and we survived another landing. We had a short critique of the flight and Mike signed my logbook.



The Garmin 1000 Glass Cockpit

The depressed economy does not seem to have affected business at Aviation Adventures. As I mentioned earlier my preference was to fly a Skylane, but they were both signed out for that day when Mike tried to reserve them back in June. Mike said that Aviation Adventures is by far the most professional and best run FBO/flight school he has ever been associated with.

The Leesburg airport is about the same size and home for about the same number of aircraft as Felts Field in Spokane. Felts has a control tower - Leesburg does not have a control tower. The Leesburg airport supports Aviation Adventures, one other flight school, and another full service FBO.

As I walked out to the parking lot I had to ask myself why this airport is a hub of activity and Felts Field can't even support an FBO? What is wrong with the picture at KSFF?

It was a great day. Next time you need a BFR or Instrument Competency Check, take the opportunity to do something new and challenging.



2005 Cessna 172 SP